

I Can Give

Small Ways Kids Can Make a Difference



Maahi Prakash

Preview

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Sometimes helping
doesn't start with doing.



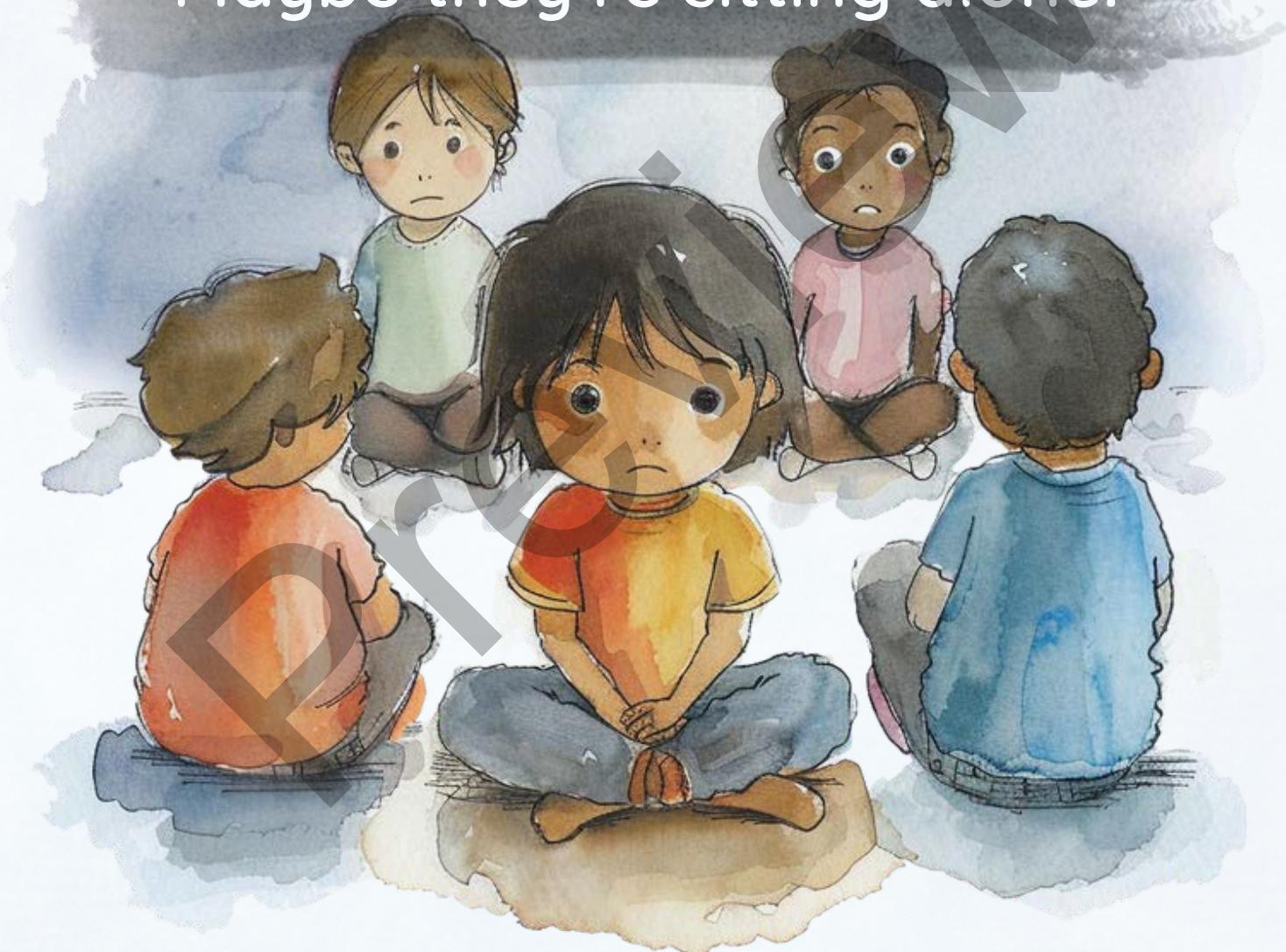
Sometimes it starts with noticing—
paying attention to others.



Sometimes you see someone
who might need help.



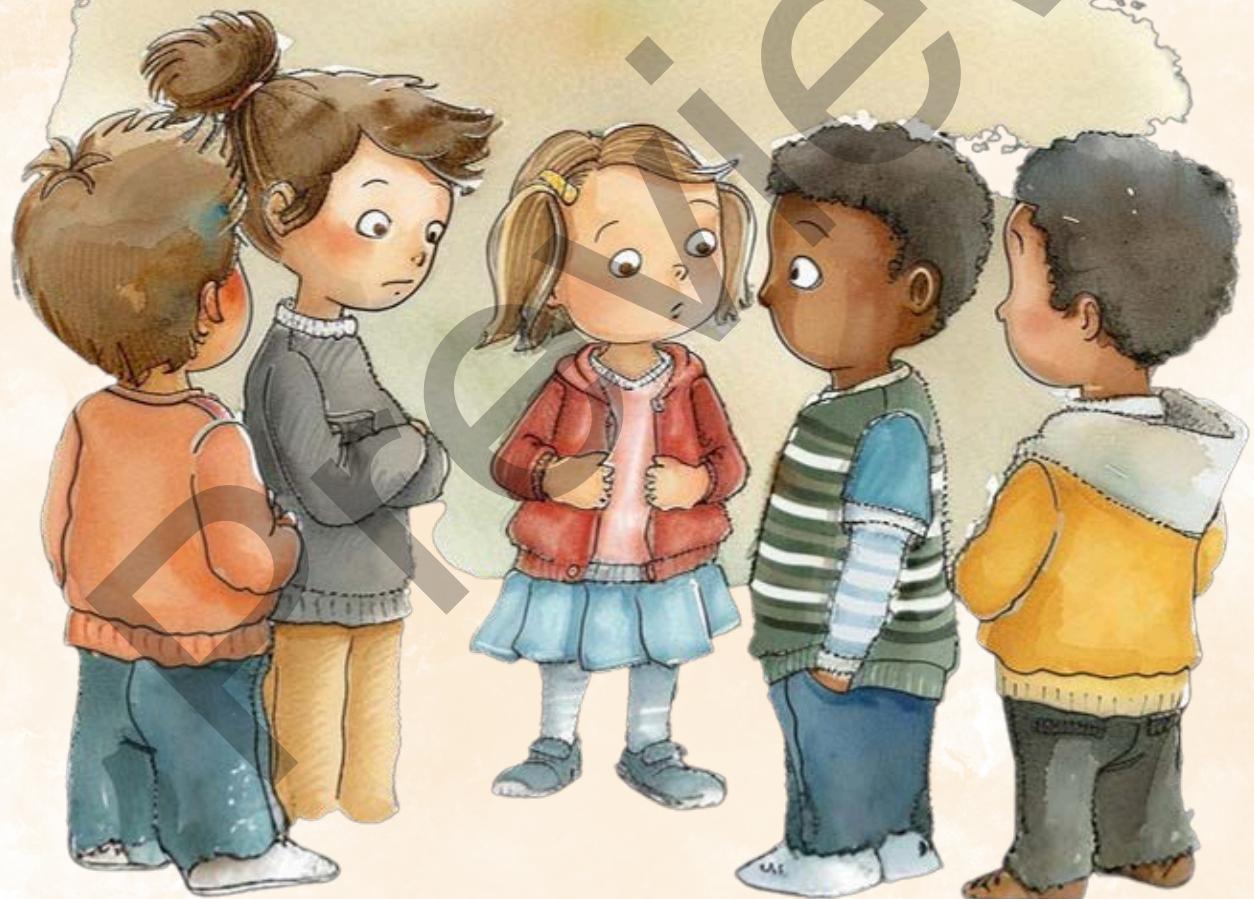
Maybe they're quiet.
Maybe they're sitting alone.



Maybe they wish
someone would notice them.



You might think,
I'm just a kid.



You want to help,
but you don't feel big enough.



Or sure enough.



But what if being a kid
is enough?



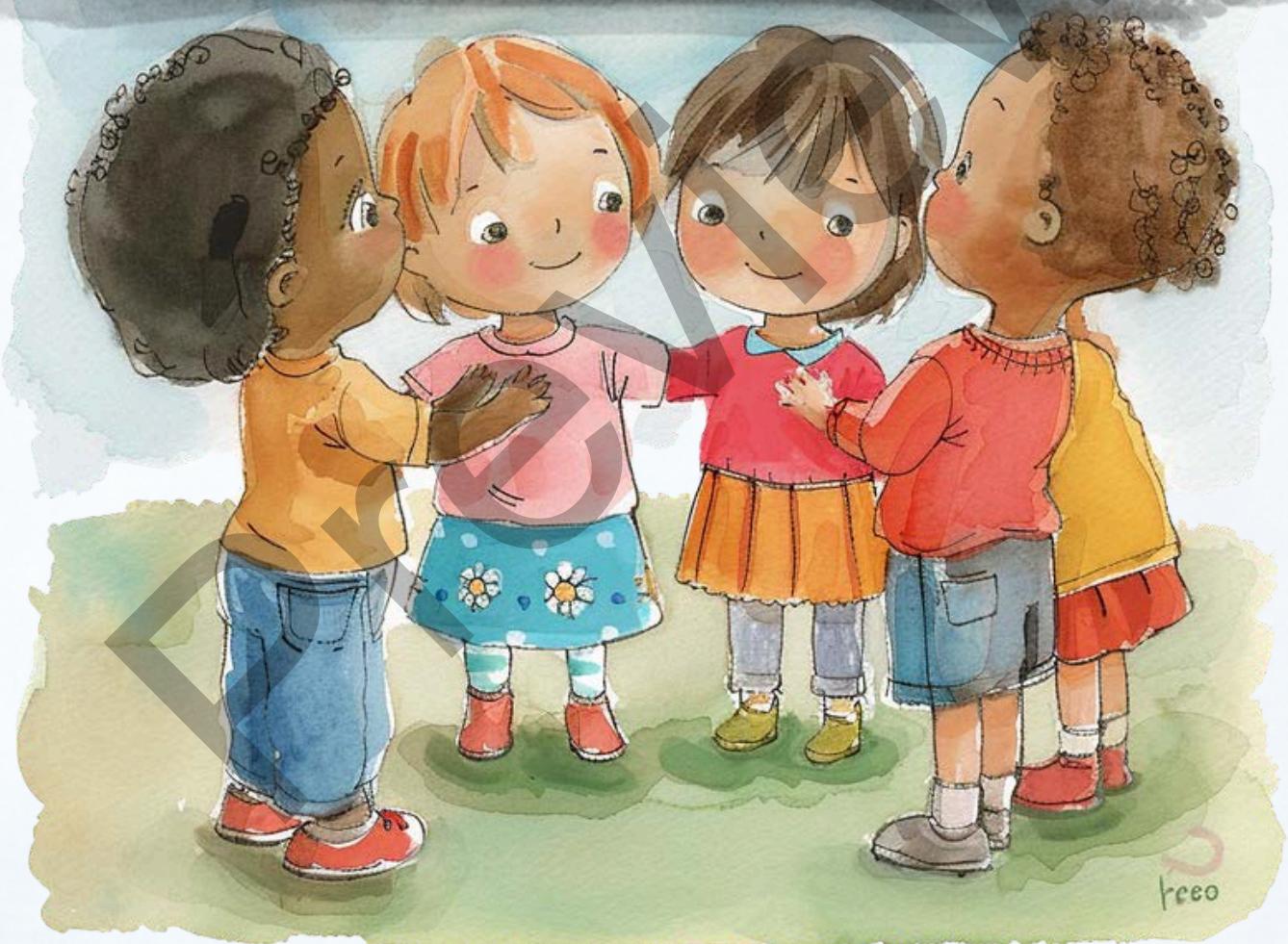
What if caring is the
perfect way to start?



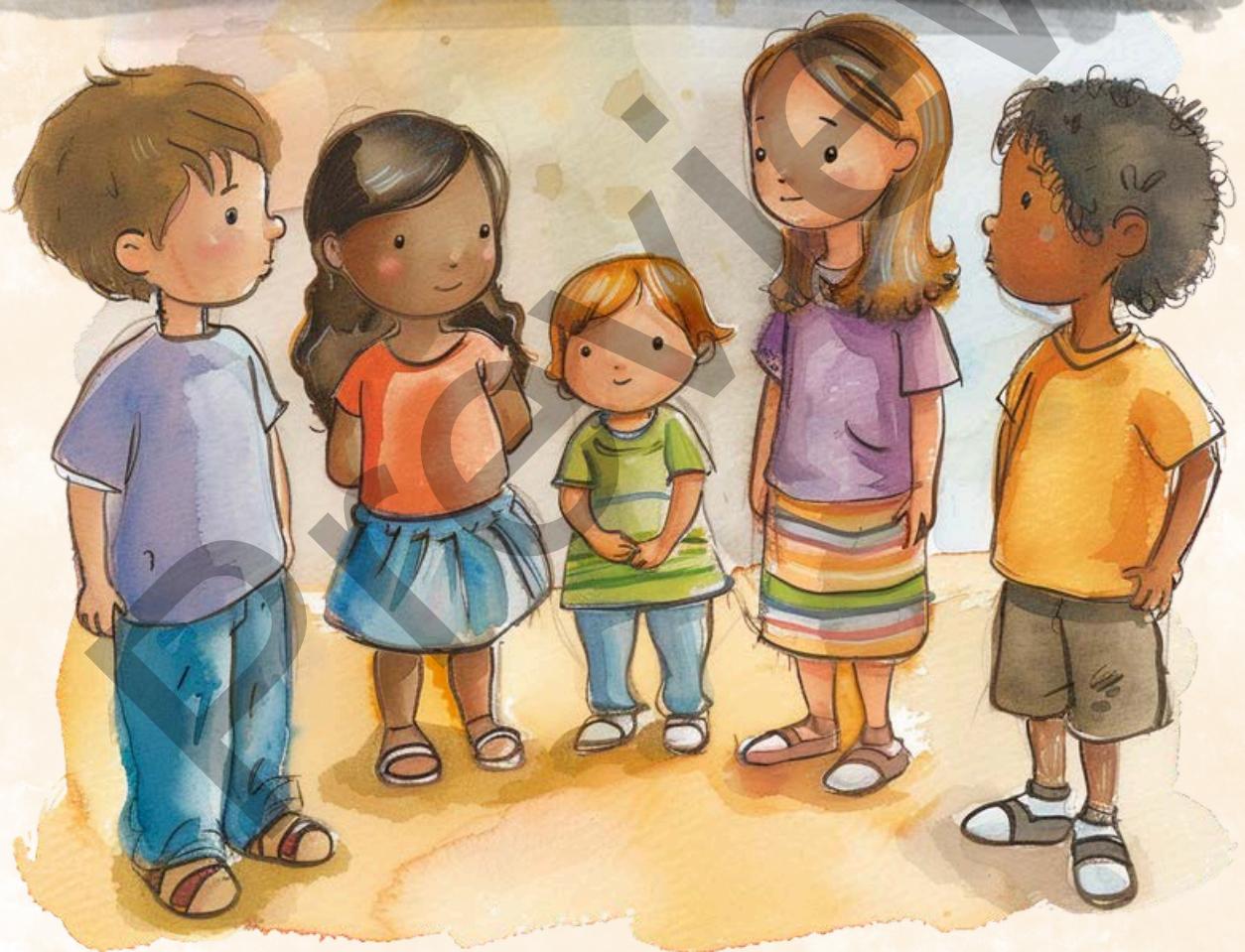
Could you help
in small ways?



Small ways still matter.



Could you choose to stand next
to someone to say hello?



You might sit beside them
for a while.



That can be enough.





Could you help a classmate?

You can play with
someone new.



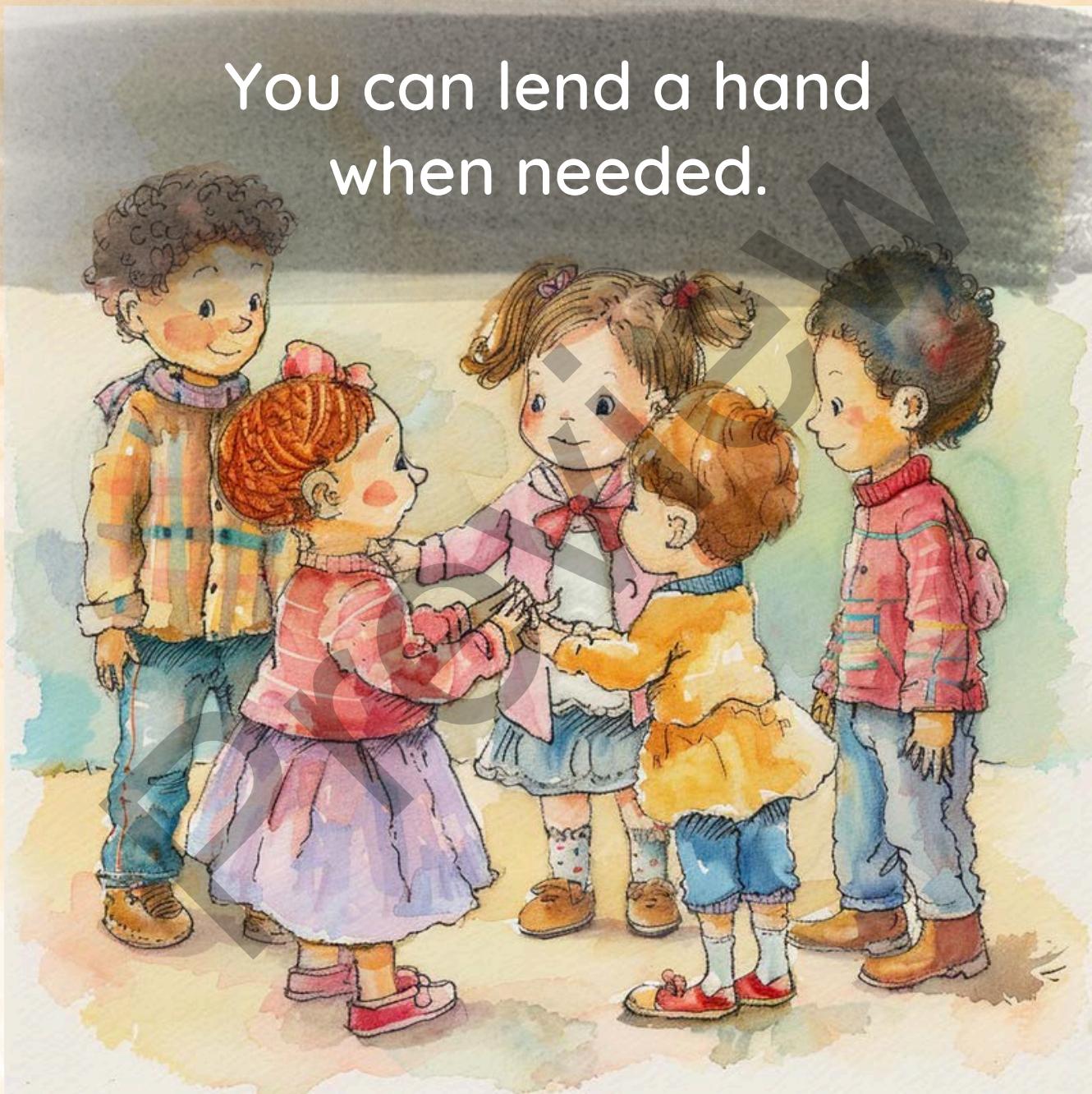
That could be
enough.



Could you read to someone?



You can lend a hand
when needed.



You might pick something up.
Hold a door.
Wait with someone.



A watercolor illustration of a group of six children sitting in a circle on the floor, looking at a book together. The children are of diverse ages and ethnicities, with various hair colors and styles. They are all focused on the book, which is held open by the child in the center. The background is a simple, light-colored wall.

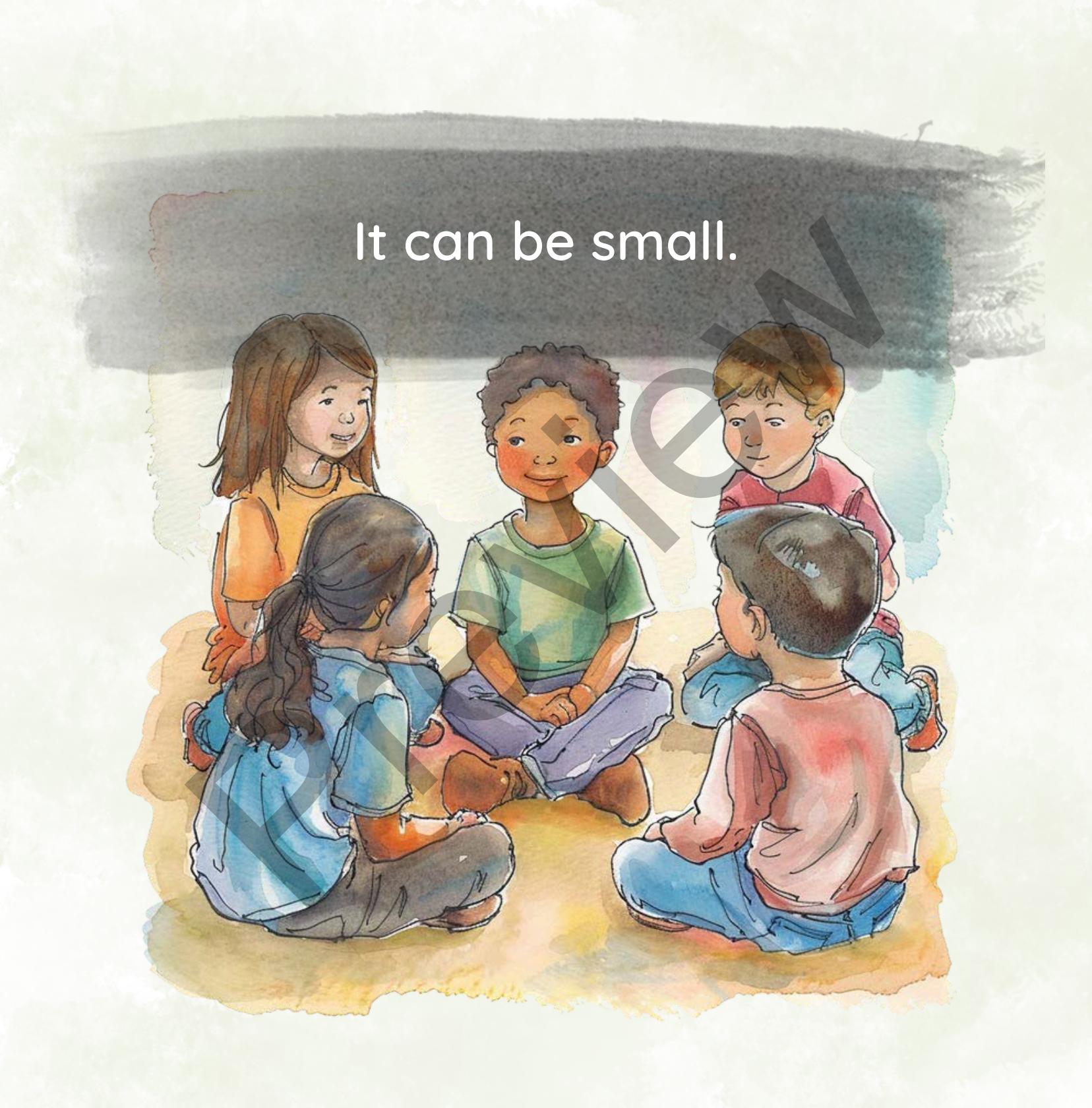
That could be enough.

You can give kindness.



A smile.
A kind word.
A listening ear.





It can be small.

Sometimes no one
notices what you do.



Sometimes someone says,
“Thank you.”



Both still matter.



What matters is that you noticed.
What matters is that you chose to
give.



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A Note from the Author

Hi, I'm Maahi.

When I was younger, I was inspired by my family and people in my life who showed me that kindness often starts with noticing. I began with small acts of giving, like making cards, sharing what I had, and finding simple ways to help others feel seen and cared for.

As I grew older, those small moments of giving stayed with me. They eventually led me to create Bag of Joy—a way to help people give in simple, meaningful, and transparent ways, often in support of children.

I wrote *I Can Give* to remind children that giving doesn't have to be big. It can be small—and it can begin right where they are. I hope this book helps children see that noticing is often the very first step.

For Grown-Ups

This book was inspired by the belief that small acts of kindness can make a meaningful difference.

Maahi is the founder of Bag of Joy, an initiative that helps connect people with trusted nonprofit organizations to make giving simple, meaningful, and transparent. A portion of the proceeds from this book supports nonprofit partners connected through Bag of Joy.

Learn more at www.bagofjoy.org



*Scan to learn more
about Bag of Joy*

Preview



**Helping others often begins with noticing—
small moments, quiet needs, and simple ways we can care.**

Sitting beside someone.
Listening.
Offering kindness in gentle, everyday ways.

I Can Give is a picture book for children ages 4–7 that explores how giving shows up in ordinary moments. Perfect for bedtime, classrooms, and moments of connection, this warm and thoughtful story reminds children that making a difference doesn't require big actions—just awareness, empathy, and heart.